

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Quote of the Month</b> May is the month of expectation, the month of wishes, the month of hope." ~Emily Bronte</p>				<ul style="list-style-type: none"> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Virtual Adventure</li> <li>Energy Burst</li> <li><b>1:30 Pet Therapy Visit with Roni</b></li> <li>Craft Club: May Day Crown</li> <li>The Evolution of May Day</li> <li>May Day Puzzles</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>Energy Burst</li> <li>WU: Person of Interest</li> <li>Send in The Clowns Day</li> <li>Cut a Rug with Tina</li> <li>Giant Uno</li> <li>Loaded Questions Game</li> <li>Magic Art</li> </ul>	<ul style="list-style-type: none"> <li>Stretch &amp; Strength</li> <li><b>10AM Morning Church Service</b></li> <li>Energy Burst</li> <li>Paddles, Picnics and Pastries</li> <li>Run for the Roses; Kentucky Derby Showing</li> <li>Service Circle</li> <li>10 Ways to be a Good Samaritan</li> </ul>
<ul style="list-style-type: none"> <li>Sole to Soul Walking Club</li> <li>Energy Burst</li> <li>Church Service</li> <li>Hymns with Tina</li> <li>Community Life Committee</li> <li>Practicing Gratitude</li> <li>Thriving Through Music with the Nayas</li> </ul>	<p><b>Cinco De Mayo</b></p> <ul style="list-style-type: none"> <li>Joyful Movement</li> <li>WU: Writers Collective</li> <li>WU: Culinary Creations</li> <li>Energy Burst</li> <li><b>2:30pm Therapy Dog Visit with Cathy</b></li> <li>What Am I? - Mexican Jumping Beans</li> <li>Travel Club: Mexico City</li> </ul>	<ul style="list-style-type: none"> <li>Tai Chi</li> <li>Brain Games</li> <li>WU: Artistry Unleashed</li> <li>Energy Burst</li> <li>Gardening Club</li> <li>Who Am I? - George Clooney</li> <li>Parachute Ball</li> <li>Evening Puzzles with the Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Strength &amp; Balance</li> <li>Gratitude &amp; Reflections</li> <li>Energy Burst</li> <li>Tickle your Funny Bone- Humor Day</li> <li>Hand Massages</li> <li>Puzzle Power Hour</li> <li>Gardening Club</li> <li>Reminisce: Frank Sinatra</li> </ul>	<ul style="list-style-type: none"> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Virtual Trip Down Memory Lane</li> <li>Energy Burst</li> <li><b>National Drink a Coke Day: Coke Tasting</b></li> <li>Can you Picture This Puzzle</li> <li>On This Day: Military History V-E Day</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>Community Life Committee Meeting</li> <li>Energy Burst</li> <li>Who Am I? - Dr. Spock</li> <li>Patio Talk and Ice Cream</li> <li>Craft Club: Abstract Art</li> <li>Evening Manicures with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Stretch &amp; Strength</li> <li><b>10AM Morning Church Service</b></li> <li>Energy Burst</li> <li><b>2:00PM Harp Playing with Vir Gandhi</b></li> <li>Culinary Club: Slicing into Strawberries</li> <li>Virtual Adventure: To the Fair</li> </ul>
<p><b>Mothers Day</b></p> <ul style="list-style-type: none"> <li>Sole to Soul Walking Club</li> <li>Energy Burst</li> <li><b>11:30 Mothers Day Brunch</b></li> <li>Motherhood Rewind</li> <li>Mothers Day Tea Party</li> <li>May Trivia</li> <li>Afternoon Cookie and Coffee</li> <li>Memory Boxes with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>WU: Culinary Creations</li> <li>Energy Burst</li> <li>Gardening Club</li> <li>Finish the Song Lyrics</li> <li>Junk Drawer Detective</li> <li>Name that Tune</li> <li>Thriving Through Music</li> </ul>	<ul style="list-style-type: none"> <li>Tai Chi</li> <li>Brain Games</li> <li>WU: An Eye for Art</li> <li>Energy Burst</li> <li><b>Cannes Film Festival Facts and Trivia</b></li> <li>Book Club: The Detour</li> <li>Name that Tune</li> <li>Penny for your Thoughts</li> </ul>	<ul style="list-style-type: none"> <li>Strength &amp; Balance</li> <li>Guided Imagery</li> <li>Energy Burst</li> <li><b>Boat Outing with Russell</b></li> <li>Entertainment with Krystal</li> <li>Who Am I? - Margaret Thatcher</li> <li>Coloring Corner with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Slow Flow Yoga</li> <li><b>Pop-up Pampering with Ashley</b></li> <li>Virtual Roadtrippers</li> <li>Energy Burst</li> <li>Culinary Club: Black and White Oreo Cake</li> <li>Afternoon Coffee or Tea</li> <li>Poet and Poem Challenge</li> <li>Evening Movie with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>Service Circles</li> <li>Energy Burst</li> <li>Travel Club Destination: The Great Lakes</li> <li>May Detective Puzzles</li> <li>Magic Art</li> <li>Puzzle Power Hour with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Stretch &amp; Strength</li> <li><b>10AM Morning Church Service</b></li> <li>Energy Burst</li> <li>Armed Forces Day Discussion</li> <li>Match up Games</li> <li>Name That Tune</li> <li>Mens Club</li> <li>Relaxation Jazz with Nayas</li> </ul>
<ul style="list-style-type: none"> <li>Sole to Soul Walking Club</li> <li>Energy Burst</li> <li>Reminiscing with Me: School Lunches</li> <li>20 Question with Tina</li> <li>Thriving Through Music with the Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>WU: Culinary Creations</li> <li>Energy Burst</li> <li>Craft Club Wildflowers</li> <li>Lets Do The Chicken Dance</li> <li>Thriving Through Music</li> </ul>	<ul style="list-style-type: none"> <li>Tai Chi</li> <li>Brain Games</li> <li>WU: Artistry Unleashed</li> <li>Energy Burst</li> <li>Collage Detective</li> <li>Early Spring Facts</li> <li>Evening Puzzles with the Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Strength &amp; Balance</li> <li>Gratitude &amp; Reflections</li> <li>Energy Burst</li> <li>Take your Best Shot- Kodak Moments</li> <li>Brain Games: You be the Judge</li> <li>Evening Memory Basket with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Energy Burst</li> <li><b>Bee Day Snacks and Trivia</b></li> <li>Culinary Club: Milk Way Brownies</li> <li>Brain Games</li> <li>Evening Movie with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>WU: Lives Well Lived</li> <li>Energy Burst</li> <li>Where Am I? - Great Lakes</li> <li>20 Questions Challenge</li> <li>Patio Sitters and Ice cream</li> <li>Evening Manicures with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Stretch &amp; Strength</li> <li><b>10AM Morning Church Service</b></li> <li>Energy Burst</li> <li>Creative Story Telling</li> <li>Take Time for yourself Day: Beauty Hour</li> <li>Relaxation Classical Music with Nayas</li> </ul>
<ul style="list-style-type: none"> <li>Sole to Soul Walking Club</li> <li>Energy Burst</li> <li>Hymn Singing and Church Service with Tina</li> <li>Brain Games</li> <li>Random Acts of Kindness</li> <li>Evening Relaxation with Classical Music</li> </ul>	<p><b>Memorial Day</b></p> <ul style="list-style-type: none"> <li>Joyful Movement</li> <li>WU: Culinary Creations</li> <li>Energy Burst</li> <li>Memorial Day Snacks and Refreshments</li> <li>History of the Vietnam Memorial</li> <li>Patio Talk with the Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Tai Chi</li> <li>Brain Games</li> <li>WU: An Eye for Art</li> <li>Energy Burst</li> <li>Pair Up Memory Game</li> <li>Star of the Month: Vincent Price</li> <li>Food Fun: Grape Popsicle Cocktails</li> <li>Evening Puzzles with the Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Strength &amp; Balance</li> <li>Guided Imagery</li> <li>Energy Burst</li> <li>Entertainment with Krystal</li> <li>Pair Up Game</li> <li>Penny for your Thoughts</li> <li>Coloring Corner with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Virtual Roadtrippers</li> <li>Energy Burst</li> <li>Craft Club: Salt Art</li> <li>Name That Tune</li> <li>Junk Drawer Detective</li> <li>Evening Movie with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>Service Circles</li> <li>Energy Burst</li> <li><b>International Cabin Crew Day Snacks and Facts</b></li> <li>Picnic Party: Lets Build a Hamburger</li> <li>Put on your Creative Cap</li> <li>Happy Birthday Johnny Unitas</li> </ul>	<ul style="list-style-type: none"> <li>Stretch &amp; Strength</li> <li><b>10AM Morning Church Service</b></li> <li>Energy Burst</li> <li>Craft Club: Poppy Field Collage</li> <li>Brain Games</li> <li>Virtual Trip to Russia</li> <li>Relaxation Jazz with Nayas</li> </ul>

**MAY 2025**  
**Prema Memory Support**  
  
 A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

**ACTIVITY LOCATOR KEY**

- Body
- Community
- Mind
- Spirit

**Friendly Reminder:**  
 Schedule changes may occur



**WATERMARK**  
 RETIREMENT COMMUNITIES<sup>®</sup>