FRI May Birthdays 9:30 AM Water Aerobics (POOL) 9:30 AM Mat Yoga with Melia 10:00 AM Strength, Balance, & Move LIB - Library LOB - Sitting Room **LOCATION KEY** with Mark (YOG) Ben C 5/5 10:30 AM Name that Tune! (PA) (YOG) 10:15 AM Music and Coloring With Gail R 5/6 10:45 AM Judaism Learning with POOL - Swimming Pool 10:30 AM Music Icons GAL - Art Gallery W Room - Main Dining Melia (AST) Ann S 5/9 Rabbi Sarah (LIB) throughout History (PA) 11:00 AM The Watermark Singers with Robert K 5/14 :30 PM Tech Help with Melia (AST) Room AST - Art Studio W&C - Willow & Clark 11:00 AM Watermark Pets (PA) Denis (PA) Susanne O 5/16 :45 PM Feature Film - The Graduate 12:00 PM May Outing Signups are Posted! 11:15 AM Yale Open Course (MOV) Edward R 5/19 1:30 PM Getting to Know You with Akima (LOB) **MOV** - Movie Theater Cafe (MOV) GAME - Game Room 1:15 PM Watercolor with Melia (AST) Joan C 5/25 1:45 PM Feature Film - When Ladies Meet (MOV) 2:00 PM Resident Writing Group (PH) 1:45 PM Feature Film - The Mamas & The David G 5/26 2:00 PM Book Club (LOB) YOG - Yoga Studio 2:30 PM Weights Class with Melia (YOG) PH - Penthouse 15th Fl 3:00 PM Chair Exercise & Dance with Melia (YOG Papas Concert (MOV) Evelyn K 5/28 4:00 PM Brian Rose Film Lecture (PA) 3:00 PM Checkers with Akima (GAME) Charles R 5/29 2:30 PM Bingo (PA) 5:00 PM Trivia Night with Melia (MOV) GUS - Gustoso's PA - Performing Arts 3:45 PM Champagne & Charcuterie (PH) Susan B 5/30 3:45 PM Wine O'clock (PA) 5:00 PM Wheel of Fortune with Akima (MOV) 7:30 PM Feature Film - Manhattan (MOV) Ronald B 5/31 7:30 PM Feature Film - Sing Sing (MOV) Theater 7:30 PM Feature Film - The Wizard of Oz (MOV) 10:00 AM Strength, Balance, & Move with Mark (YOG) :30 AM Water Aerobics (POOL) 10:15 AM Tai Chi with Akima (YOG) 9:15 AM Sunday Church Service Cinco de Mayo 9:30 AM Water Aerobics (POOL) 9:30 AM Mat Yoga with 9:30 AM Morning Meditation 10:30 AM Name that Tune! (PA) (Lobby) 0:00 AM Latin Dancing: Beginner 0:45 AM Doug Brin History 10 9 Melia (YOG) Bachata (YOG) 10:15 AM Music and Coloring With Lecture (PA) 9:30 AM Tech Help with Akima with Akima (MOV) 10:45 AM Judaism Learning with 0:00 AM Jenga with Akima (PH) 10:30 AM Music Icons 2:30 PM Meditation & Breathwork Melia (AST) 10:45 AM Life Writing Workshop Rabbi Sarah (LIB) 1:00 AM Psychology Learning Session with Akima (MOV) 1:00 AM The Watermark Singers throughout History (PA) 11:00 AM Sunday Stretch with Akima (YOG) with Ari Saitok (Rooftop) 1:30 PM Tech Help with Melia (AST) with Denis (PA) :00 PM Free Hearing and Cognitive Screenings 1:45 PM Feature Film (MOV) 11:15 AM Yale Open Course (MOV) 1:30 PM Dominos with Akima (PH) 11:00 AM Catholic Communion Service (PA) :30 PM Jewelry Making with Akima (AST) 1:30 PM Getting to Know You with Akima (LOB) with Brooklyn Audiology (Wellness Office) 1:45 PM Feature Film (MOV) 2:00 PM Jigsaw Puzzles with Melia (PH) 1:45 PM Feature Film (MOV) 1:15 PM Chess with fellow residents (W&C) 2:00 PM Resident Writing Group (PH) 1:15 PM Watercolor with Melia (AST) 1:45 PM Feature Film (MOV) 1:45 PM Feature Film (MOV) 2:00 PM Needlework & Knitting Group (PH) 1:45 PM Feature Film (MOV) 2:30 PM Weights Class with Melia (YOG) 2:00 PM Book Club (LOB) 1:45 PM Feature Film (MOV) 3:00 PM Cardio & Weights (YOG) 2:30 PM Dominos with Akima (PH) 3:00 PM Tea & Pastries (GUS) 2:15 PM Arts & Crafts with Akima (AST) 3:00 PM Daniel Beliavsky Concert Pianist 3:00 PM Chair Exercise & Dance with Melia 3:00 PM Gratitude Journaling with Melia (AST) :15 PM Mixology (W Room) 2:30 PM Bingo (PA) 4:00 PM Men's Group (LIB) 3:00 PM Fitness Fusion with Meghan (YOG) 45 PM Happy Hour (W Room) 3:00 PM Town Hall (PA) 3:00 PM Checkers with Akima (GAME) 3:45 PM Wine O'clock (PA) 4:00 PM Beginner Drawing with Melia (AST) 4:00 PM Word Games with Akima (PA) 3:45 PM Bingo (PA) :00 PM Rock Voices Community Choir (PA) 4:00 PM Jeopardy! with Melia (MOV) 3:45 PM Champagne & Charcuterie (PH) 5:00 PM Wheel of Fortune with Akima (MOV) 7:30 PM Feature Film (MOV) :30 PM Feature Film (MOV) 5:00 PM Trivia Night with Melia (MOV) 7:30 PM Feature Film (MOV) 7:30 PM Feature Film (MOV) 7:30 PM Feature Film (MOV) :30 PM Gin Rummy with Fellow Residents (Game 7:30 PM Investor Group (Cards Room) 7:30 PM Mahjong Night! (GAME) 7:30 PM Scrabble Night! (GAME) 7:30 PM Feature Film (MOV) Room 13th Floor) 7:30 PM Feature Film (MOV) :30 AM Water Aerobics (POOL) 10:00 AM Strength, Balance, & Move 9:30 AM Morning Meditation 10:15 AM Tai Chi with Akima 9:30 AM Water Aerobics (POOL) 9:30 AM Mat Yoga with Mother's Day 00 AM Latin Dancing: Beginner Bachata with Mark (YOG) 9:15 AM Sunday Church Service with Akima (MOV) 10:30 AM Name that Tune! (PA) Melia (YOG) 10:15 AM Music and Coloring With 10:45 AM Doug Brin History (Lobby) 10:45 AM Judaism Learning with 10:45 AM Forever Young 00 AM Jenga with Akima (PH) 10:30 AM Bingo (PA) 9:30 AM Tech Help with Akima Melia (AST) Lecture (PA) 1:00 AM Psychology Learning Session Mindful Movement with Rabbi Sarah (LIB) 11:00 AM The Watermark Singers 11:15 AM Yale Open Course 2:30 PM Meditation & Breathwork with Yoo-Sun Midgley (YOG) 1:30 PM Tech Help with Melia (AST) 1:00 AM Understanding Your Bill: A Discussion with with Denis (PA) (MOV) 11:00 AM Sunday Stretch with Akima (YOG) Akima (MOV) Business Office Manager, Renee 1:30 PM Jewelry Making with Akima (AST) 11:00 AM Catholic Communion Service (PA) 1:30 PM Getting to Know You with Akima (LOB) 1:45 PM Feature Film (MOV) 1:30 PM Dominos with Akima (PH) 1:45 PM Feature Film (MOV) 1:15 PM Watercolor with Melia (AST) 1:15 PM Chess with fellow residents (W&C) 2:00 PM Resident Writing Group (PH) 1:45 PM Feature Film (MOV) 1:45 PM Feature Film (MOV) :45 PM Feature Film (MOV) 2:30 PM Dominos with Akima (PH) 1:45 PM Feature Film (MOV) 2:00 PM Book Club (LOB) 2:30 PM Weights Class with Melia (YOG) 1:45 PM Feature Film (MOV) :00 PM Jigsaw Puzzles with Melia (PH) 3:00 PM Dining Council (PA) 2:00 PM Needlework & Knitting Group (PH) 3:00 PM Chair Exercise & Dance with Melia 2:00 PM String Trio Concert Featuring 2:15 PM Arts & Crafts with Akima (AST) :00 PM Cardio & Weights (YOG) 4:00 PM Brian Rose Film Lecture: 3:00 PM Gratitude Journaling with Melia 3:00 PM Tea & Pastries (GUS) :15 PM Mixology (W Room) 3:00 PM Fitness Fusion with Fiona (YOG) Discussion of Tootsie (PA) Resident Samuel Rhodes (PA) 4:00 PM Men's Group (LIB) :45 PM Happy Hour (W Room) 3:00 PM Checkers with Akima (GAME) 5:00 PM Trivia Night with Melia (MOV) 3:45 PM Bingo (PA) :00 PM Rock Voices Community Choir (PA) 3:45 PM Wine O'clock (PA) 4:00 PM Jeopardy! with Melia (MOV) 4:00 PM Word Games with Akima (PA) 3:45 PM Champagne & Charcuterie (PH) 5:00 PM Wheel of Fortune with Akima (MOV) 7:30 PM Feature Film (MOV) :30 PM Feature Film (MOV) 7:30 PM Feature Film (MOV) :30 PM Gin Rummy with Fellow Residents (Game Room 7:30 PM Mahjong Night! (GAME) 7:30 PM Scrabble Night! (GAME) 7:30 PM Investor Group (Cards Room) 7:30 PM Feature Film (MOV) 9:15 AM Sunday Church Service 9:30 AM Morning Meditation :30 AM Water Aerobics (POOL) 10:15 AM Tai Chi with Akima (YOG) 10:00 AM Strength, Balance, & Move 9:30 AM Water Aerobics (POOL) 9:30 AM Mat Yoga with :00 AM Latin Dancing: Beginner Bachat 10:45 AM Doug Brin History Lecture with Mark (YOG) with Akima (MOV) 0:30 AM Name that Tune! (PA) Melia (YOG) 9:30 AM Tech Help with Akima (GAL) 10:15 AM Music and Coloring With 10:45 AM Life Writing Workshop :00 AM Jenga with Akima (PH) 10:45 AM Judaism Learning with 10:30 AM Music Icons 11:00 AM Sunday Stretch with Akima 1:30 AM Outing: Picnic on Melia (AST) Rabbi Sarah (LIB) with Ari Saitok (Rooftop) 1:00 AM Lecture Presentation of the Stars throughout History (PA) Governor's Island 11:00 AM The Watermark Singers with Elliott Gordon (PA) :30 PM Tech Help with Melia (AST) 11:00 AM Catholic Communion Service (PA) 1:30 PM Dominos with Akima (PH) 2:30 PM Meditation & Breathwork with Akima with Denis (PA) 1:00 AM Psychology Learning Session (MOV) 1:45 PM Feature Film (MOV) 11:15 AM Yale Open Course (MOV) 1:15 PM Chess with fellow residents (W&C) 1:45 PM Feature Film (MOV) :30 PM Jewelry Making with Akima (AST) 1:30 PM Getting to Know You with Akima (LOB) 2:00 PM Resident Writing Group (PH) 2:00 PM Needlework & Knitting Group (PH) 1:45 PM Feature Film (MOV) 45 PM Feature Film (MOV) 1:45 PM Feature Film (MOV) 1:15 PM Watercolor with Melia (AST) 1:45 PM Feature Film (MOV) 2:00 PM Tea & Pastries (GUS) 2:00 PM Jigsaw Puzzles with Melia (PH) 2:30 PM Weights Class with Melia (YOG) 2:15 PM Arts & Crafts with Akima (AST) 2:30 PM Dominos with Akima (PH) 2:00 PM Book Club (LOB) 1:45 PM Feature Film (MOV) 3:00 PM Performance by the Park Slope :00 PM Cardio & Weights (YOG) 3:00 PM Gratitude Journaling with Melia (AST) 3:00 PM Chair Exercise & Dance with Melia 3:45 PM Musical Performance by Gary 3:00 PM Fitness Fusion with Fiona (YOG) 3:15 PM Mixology (W Room) 3:45 PM Happy Hour (W Room) 2:30 PM Bingo (PA) Conservatory (PA) 3:00 PM Resident Council (PA) Negbaur (PA) 3:45 PM Bingo (PA) 4:00 PM Men's Group (LIB) 3:00 PM Checkers with Akima (GAME) 3:45 PM Wine O'clock (PA) 4:00 PM Champagne and Charcuterie (Gustosos) 4:00 PM Beginner Drawing with Melia (AST) :00 PM Rock Voices Community Choir (PA) 7:30 PM Feature Film (MOV) 4:00 PM Word Games with Akima (PA) 6:30 PM Toastmasters Organization Meeting (PA) :30 PM Feature Film (MOV) 4:00 PM Jeopardy! with Melia (MOV) 5:00 PM Trivia Night with Melia (MOV) 7:30 PM Feature Film (MOV) 7:30 PM Feature Film (MOV) 7:30 PM Investor Group (Cards Room) 7:30 PM Mahjong Night! (GAME) :30 PM Gin Rummy with Fellow Residents (Game Room 5:00 PM Wheel of Fortune with Akima (MOV) 7:30 PM Feature Film (MOV) :30 PM Feature Film (MOV) 7:30 PM Scrabble Night! (GAME) 13th Floor) 7:30 PM Feature Film (MOV) 9:15 AM Sunday Church Service **Memorial Day** :30 AM Water Aerobics (POOL) :45 AM Welcome Home! New York o:oo AM Strength, Balance, & Move 9:30 AM Water Aerobics 9:30 AM Mat Yoga with (Lobby) 9:30 AM Morning Meditation :00 AM Latin Dancing: Beginner City's Art Deco Lobbies (MOV) with Mark (YOG) (POOL) Melia (YOG) 0:15 AM Tai Chi with Akima (YOG) Bachata (YOG) 0:15 AM Music and Coloring With 9:30 AM Tech Help with Akima with Akima (MOV) 10:30 AM Name that Tune! 0:00 AM Jenga with Akima (PH) 0:45 AM Doug Brin History Lecture 10:30 AM Music Icons Melia (AST) 0:45 AM Poetry with Fiona 1:00 AM Psychology Learning Session (PA) 11:00 AM The Watermark Singers with throughout History (PA) 11:00 AM Sunday Stretch with Akima (YOG) 2:30 PM Meditation & Breathwork with Akima 10:45 AM Judaism Learning with Rabbi Denis (PA) 11:15 AM Yale Open Course (MOV) :30 PM Jewelry Making with Akima (AST) 1:30 PM Dominos with Akima (PH) 11:15 AM Card Making with Melia (AST) 11:00 AM Catholic Communion Service (PA) Sarah (LIB) 12:30 PM Outing: The Frick Museum (Lobby) 1:45 PM Feature Film (MOV) 1:45 PM Feature Film (MOV) 2:00 PM Jigsaw Puzzles with Melia (PH) 1:45 PM Feature Film (MOV) 1:30 PM Getting to Know You with Akima (LOB) 1:15 PM Watercolor with Melia (AST) 1:15 PM Chess with fellow residents (W&C) :30 PM Tech Help with Melia (AST) 2:00 PM Needlework & Knitting Group (PH) 1:45 PM Feature Film (MOV) 1:45 PM Feature Film (MOV) 1:45 PM Feature Film (MOV) 3:00 PM Cardio & Weights (YOG) 2:30 PM Dominos with Akima (PH) 1:45 PM Feature Film (MOV) 2:00 PM Book Club (LOB) 3:00 PM Tea & Pastries (GUS) 2:15 PM Arts & Crafts with Akima (AST) :15 PM Mixology (W Room) 3:00 PM Gratitude Journaling with Melia (AST) 2:30 PM Bingo (PA) 3:00 PM Chair Exercise & Dance with Melia (YOG 2:00 PM Resident Writing Group (PH) 4:00 PM Men's Group (LIB) 3:00 PM Fitness Fusion with Fiona (YOG) :45 PM Happy Hour (W Room) 4:00 PM Jeopardy! with Melia (MOV) 3:00 PM Checkers with Akima (GAME) 3:45 PM Wine O'clock (PA) 2:30 PM Weights Class with Melia (YOG) 4:00 PM Word Games with Akima (PA) 4:00 PM New Resident Tour (Lobby) 00 PM Rock Voices Community Choir (PA) 3:45 PM Bingo (PA) 3:45 PM Champagne & Charcuterie (W Room) 4:30 PM New Resident Dinner (Gustosos) 5:00 PM Trivia Night with Melia (MOV) 230 PM Feature Film (MOV) 7:30 PM Feature Film (MOV) 7:30 PM Feature Film (MOV) 7:30 PM Feature Film (MOV) 5:00 PM Wheel of Fortune with Akima (MOV) 30 PM Gin Rummy with Fellow Residents (Game 7:30 PM Feature Film (MOV) 7:30 PM Investor Group (Cards Room) 7:30 PM Feature Film (MOV) 7:30 PM Feature Film (MOV) 7:30 PM Mahjong Night! (GAME) :30 PM Scrabble Night! (GAME) May 2025