

SUN MON TUE WED THUR FRI SAT

LOCATION KEY
GAL - Art Gallery
AST - Art Studio
GAME - Game Room
15th Fl
GUS - Gustoso's

LIB - Library
W Room - Main Dining Room
MOV - Movie Theater
PH - Penthouse
PA - Performing Arts Theater

LOB - Sitting Room
POOL - Swimming Pool
W&C - Willow & Clark Cafe
YOG - Yoga Studio

May Birthdays
 Ben C 5/5
 Gail R 5/6
 Ann S 5/9
 Robert K 5/14
 Susanne O 5/16
 Edward R 5/19
 Joan C 5/25
 David G 5/26
 Evelyn K 5/28
 Charles R 5/29
 Susan B 5/30
 Ronald B 5/31

10:00 AM Strength, Balance, & Move with Mark (YOG) **1**
 10:15 AM Music and Coloring With Melia (AST)
 11:00 AM The Watermark Singers with Denis (PA)
 12:00 PM May Outing Signups are Posted!
 1:30 PM Getting to Know You with Akima (LOB)
 1:45 PM Feature Film - When Ladies Meet (MOV)
 2:00 PM Book Club (LOB)
 3:00 PM Chair Exercise & Dance with Melia (YOG)
 3:00 PM Checkers with Akima (GAME)
 3:45 PM Champagne & Charcuterie (PH)
 5:00 PM Wheel of Fortune with Akima (MOV)
 7:30 PM Feature Film - The Wizard of Oz (MOV)

9:30 AM Water Aerobics (POOL) **2**
 10:30 AM Name that Tune! (PA)
 10:45 AM Judaism Learning with Rabbi Sarah (LIB)
 1:30 PM Tech Help with Melia (AST)
 1:45 PM Feature Film - The Graduate (MOV)
 2:00 PM Resident Writing Group (PH)
 2:30 PM Weights Class with Melia (YOG)
 4:00 PM Brian Rose Film Lecture (PA)
 5:00 PM Trivia Night with Melia (MOV)
 7:30 PM Feature Film - Manhattan (MOV)

9:30 AM Mat Yoga with Melia (YOG) **3**
 10:30 AM Music Icons throughout History (PA)
 11:00 AM Watermark Pets (PA)
 11:15 AM Yale Open Course (MOV)
 1:15 PM Watercolor with Melia (AST)
 1:45 PM Feature Film - The Mamas & The Papas Concert (MOV)
 2:30 PM Bingo (PA)
 3:45 PM Wine O'clock (PA)
 7:30 PM Feature Film - Sing Sing (MOV)

9:15 AM Sunday Church Service (Lobby) **4**
 9:30 AM Tech Help with Akima (GAL)
 11:00 AM Sunday Stretch with Akima (YOG)
 1:30 PM Dominos with Akima (PH)
 1:45 PM Feature Film (MOV)
 2:00 PM Needlework & Knitting Group (PH)
 3:00 PM Tea & Pastries (GUS)
 4:00 PM Men's Group (LIB)
 4:00 PM Word Games with Akima (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Investor Group (Cards Room)

Cinco de Mayo **5**
 9:30 AM Morning Meditation with Akima (MOV)
 10:45 AM Life Writing Workshop with Ari Saitok (Rooftop)
 11:00 AM Catholic Communion Service (PA)
 1:15 PM Chess with fellow residents (W&C)
 1:45 PM Feature Film (MOV)
 2:15 PM Arts & Crafts with Akima (AST)
 3:00 PM Fitness Fusion with Meghan (YOG)
 3:45 PM Bingo (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Mahjong Night! (GAME)

9:30 AM Water Aerobics (POOL) **6**
 10:00 AM Latin Dancing: Beginner Bachata (YOG)
 10:00 AM Jenga with Akima (PH)
 11:00 AM Psychology Learning Session (MOV)
 1:30 PM Jewelry Making with Akima (AST)
 1:45 PM Feature Film (MOV)
 2:00 PM Jigsaw Puzzles with Melia (PH)
 3:00 PM Cardio & Weights (YOG)
 3:15 PM Mixology (W Room)
 3:45 PM Happy Hour (W Room)
 7:00 PM Rock Voices Community Choir (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Gin Rummy with Fellow Residents (Game Room 13th Floor)

10:15 AM Tai Chi with Akima (YOG) **7**
 10:45 AM Doug Brin History Lecture (PA)
 12:30 PM Meditation & Breathwork with Akima (MOV)
 1:00 PM Free Hearing and Cognitive Screenings with Brooklyn Audiology (Wellness Office)
 1:45 PM Feature Film (MOV)
 2:30 PM Dominos with Akima (PH)
 3:00 PM Gratitude Journaling with Melia (AST)
 3:00 PM Town Hall (PA)
 4:00 PM Jeopardy! with Melia (MOV)
 7:30 PM Feature Film (MOV)
 7:30 PM Scrabble Night! (GAME)

10:00 AM Strength, Balance, & Move with Mark (YOG) **8**
 10:15 AM Music and Coloring With Melia (AST)
 11:00 AM The Watermark Singers with Denis (PA)
 1:30 PM Getting to Know You with Akima (LOB)
 1:45 PM Feature Film (MOV)
 2:00 PM Book Club (LOB)
 3:00 PM Chair Exercise & Dance with Melia (YOG)
 3:00 PM Checkers with Akima (GAME)
 3:45 PM Champagne & Charcuterie (PH)
 5:00 PM Wheel of Fortune with Akima (MOV)
 7:30 PM Feature Film (MOV)

9:30 AM Water Aerobics (POOL) **9**
 10:30 AM Name that Tune! (PA)
 10:45 AM Judaism Learning with Rabbi Sarah (LIB)
 1:30 PM Tech Help with Melia (AST)
 1:45 PM Feature Film (MOV)
 2:00 PM Resident Writing Group (PH)
 2:30 PM Weights Class with Melia (YOG)
 3:00 PM Daniel Beliaevsky Concert Pianist (PA)
 4:00 PM Beginner Drawing with Melia (AST)
 5:00 PM Trivia Night with Melia (MOV)
 7:30 PM Feature Film (MOV)

9:30 AM Mat Yoga with Melia (YOG) **10**
 10:30 AM Music Icons throughout History (PA)
 11:15 AM Yale Open Course (MOV)
 1:15 PM Watercolor with Melia (AST)
 1:45 PM Feature Film (MOV)
 2:30 PM Bingo (PA)
 3:45 PM Wine O'clock (PA)
 7:30 PM Feature Film (MOV)

Mother's Day **11**
 9:15 AM Sunday Church Service (Lobby)
 9:30 AM Tech Help with Akima (GAL)
 11:00 AM Sunday Stretch with Akima (YOG)
 1:30 PM Dominos with Akima (PH)
 1:45 PM Feature Film (MOV)
 2:00 PM Needlework & Knitting Group (PH)
 3:00 PM Tea & Pastries (GUS)
 4:00 PM Men's Group (LIB)
 4:00 PM Word Games with Akima (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Investor Group (Cards Room)

9:30 AM Morning Meditation with Akima (MOV) **12**
 10:45 AM Forever Young Mindful Movement with Yoo-Sun Midgley (YOG)
 11:00 AM Catholic Communion Service (PA)
 1:15 PM Chess with fellow residents (W&C)
 1:45 PM Feature Film (MOV)
 2:15 PM Arts & Crafts with Akima (AST)
 3:00 PM Fitness Fusion with Fiona (YOG)
 3:45 PM Bingo (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Mahjong Night! (GAME)

9:30 AM Water Aerobics (POOL) **13**
 10:00 AM Latin Dancing: Beginner Bachata (YOG)
 10:00 AM Jenga with Akima (PH)
 11:00 AM Psychology Learning Session (MOV)
 11:00 AM Understanding Your Bill: A Discussion with Business Office Manager, Renee
 1:30 PM Jewelry Making with Akima (AST)
 1:45 PM Feature Film (MOV)
 2:00 PM Jigsaw Puzzles with Melia (PH)
 3:00 PM Cardio & Weights (YOG)
 3:15 PM Mixology (W Room)
 3:45 PM Happy Hour (W Room)
 7:00 PM Rock Voices Community Choir (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Gin Rummy with Fellow Residents (Game Room 13th Floor)

10:15 AM Tai Chi with Akima (YOG) **14**
 10:45 AM Doug Brin History Lecture (PA)
 12:30 PM Meditation & Breathwork with Akima (MOV)
 1:45 PM Feature Film (MOV)
 2:30 PM Dominos with Akima (PH)
 3:00 PM Dining Council (PA)
 3:00 PM Gratitude Journaling with Melia (AST)
 4:00 PM Jeopardy! with Melia (MOV)
 7:30 PM Feature Film (MOV)
 7:30 PM Scrabble Night! (GAME)

10:00 AM Strength, Balance, & Move with Mark (YOG) **15**
 10:15 AM Music and Coloring With Melia (AST)
 11:00 AM The Watermark Singers with Denis (PA)
 1:30 PM Getting to Know You with Akima (LOB)
 1:45 PM Feature Film (MOV)
 2:00 PM Book Club (LOB)
 3:00 PM Chair Exercise & Dance with Melia (YOG)
 3:00 PM Checkers with Akima (GAME)
 3:45 PM Champagne & Charcuterie (PH)
 5:00 PM Wheel of Fortune with Akima (MOV)
 7:30 PM Feature Film (MOV)

9:30 AM Water Aerobics (POOL) **16**
 10:30 AM Name that Tune! (PA)
 10:45 AM Judaism Learning with Rabbi Sarah (LIB)
 1:30 PM Tech Help with Melia (AST)
 1:45 PM Feature Film (MOV)
 2:00 PM Resident Writing Group (PH)
 2:30 PM Weights Class with Melia (YOG)
 4:00 PM Brian Rose Film Lecture: Discussion of Tootsie (PA)
 5:00 PM Trivia Night with Melia (MOV)
 7:30 PM Feature Film (MOV)

9:30 AM Mat Yoga with Melia (YOG) **17**
 10:30 AM Bingo (PA)
 11:15 AM Yale Open Course (MOV)
 1:15 PM Watercolor with Melia (AST)
 1:45 PM Feature Film (MOV)
 2:00 PM String Trio Concert Featuring Resident Samuel Rhodes (PA)
 3:45 PM Wine O'clock (PA)
 7:30 PM Feature Film (MOV)

9:15 AM Sunday Church Service (Lobby) **18**
 9:30 AM Tech Help with Akima (GAL)
 11:00 AM Sunday Stretch with Akima (YOG)
 1:30 PM Dominos with Akima (PH)
 1:45 PM Feature Film (MOV)
 2:00 PM Needlework & Knitting Group (PH)
 2:00 PM Tea & Pastries (GUS)
 3:00 PM Performance by the Park Slope Conservatory (PA)
 4:00 PM Men's Group (LIB)
 4:00 PM Word Games with Akima (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Investor Group (Cards Room)

9:30 AM Morning Meditation with Akima (MOV) **19**
 10:45 AM Life Writing Workshop with Ari Saitok (Rooftop)
 11:00 AM Catholic Communion Service (PA)
 1:15 PM Chess with fellow residents (W&C)
 1:45 PM Feature Film (MOV)
 2:15 PM Arts & Crafts with Akima (AST)
 3:00 PM Fitness Fusion with Fiona (YOG)
 3:45 PM Bingo (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Mahjong Night! (GAME)

9:30 AM Water Aerobics (POOL) **20**
 10:00 AM Latin Dancing: Beginner Bachata (YOG)
 10:00 AM Jenga with Akima (PH)
 11:00 AM Lecture Presentation of the Stars with Elliott Gordon (PA)
 11:00 AM Psychology Learning Session (MOV)
 1:30 PM Jewelry Making with Akima (AST)
 1:45 PM Feature Film (MOV)
 2:00 PM Jigsaw Puzzles with Melia (PH)
 3:00 PM Cardio & Weights (YOG)
 3:15 PM Mixology (W Room)
 3:45 PM Happy Hour (W Room)
 7:00 PM Rock Voices Community Choir (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Gin Rummy with Fellow Residents (Game Room 13th Floor)

10:15 AM Tai Chi with Akima (YOG) **21**
 10:45 AM Doug Brin History Lecture (PA)
 11:30 AM Outing: Picnic on Governor's Island
 12:30 PM Meditation & Breathwork with Akima (MOV)
 1:45 PM Feature Film (MOV)
 2:30 PM Dominos with Akima (PH)
 3:00 PM Gratitude Journaling with Melia (AST)
 3:00 PM Resident Council (PA)
 4:00 PM Champagne and Charcuterie (Gustosos)
 6:30 PM Toastmasters Organization Meeting (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Scrabble Night! (GAME)

10:00 AM Strength, Balance, & Move with Mark (YOG) **22**
 10:15 AM Music and Coloring With Melia (AST)
 11:00 AM The Watermark Singers with Denis (PA)
 1:30 PM Getting to Know You with Akima (LOB)
 1:45 PM Feature Film (MOV)
 2:00 PM Book Club (LOB)
 3:00 PM Chair Exercise & Dance with Melia (YOG)
 3:00 PM Checkers with Akima (GAME)
 4:00 PM Jeopardy! with Melia (MOV)
 5:00 PM Wheel of Fortune with Akima (MOV)
 7:30 PM Feature Film (MOV)

9:30 AM Water Aerobics (POOL) **23**
 10:30 AM Name that Tune! (PA)
 10:45 AM Judaism Learning with Rabbi Sarah (LIB)
 1:30 PM Tech Help with Melia (AST)
 1:45 PM Feature Film (MOV)
 2:00 PM Resident Writing Group (PH)
 2:30 PM Weights Class with Melia (YOG)
 3:45 PM Musical Performance by Gary Negbaur (PA)
 4:00 PM Beginner Drawing with Melia (AST)
 5:00 PM Trivia Night with Melia (MOV)
 7:30 PM Feature Film (MOV)

9:30 AM Mat Yoga with Melia (YOG) **24**
 10:30 AM Music Icons throughout History (PA)
 11:15 AM Yale Open Course (MOV)
 1:15 PM Watercolor with Melia (AST)
 1:45 PM Feature Film (MOV)
 2:30 PM Bingo (PA)
 3:45 PM Wine O'clock (PA)
 7:30 PM Feature Film (MOV)

9:15 AM Sunday Church Service (Lobby) **25**
 9:30 AM Tech Help with Akima (GAL)
 11:00 AM Sunday Stretch with Akima (YOG)
 1:30 PM Dominos with Akima (PH)
 1:45 PM Feature Film (MOV)
 2:00 PM Needlework & Knitting Group (PH)
 3:00 PM Tea & Pastries (GUS)
 4:00 PM Men's Group (LIB)
 4:00 PM Word Games with Akima (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Investor Group (Cards Room)

Memorial Day **26**
 9:30 AM Morning Meditation with Akima (MOV)
 10:45 AM Poetry with Fiona (LOB)
 11:00 AM Catholic Communion Service (PA)
 1:15 PM Chess with fellow residents (W&C)
 1:45 PM Feature Film (MOV)
 2:15 PM Arts & Crafts with Akima (AST)
 3:00 PM Fitness Fusion with Fiona (YOG)
 3:45 PM Bingo (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Mahjong Night! (GAME)

9:30 AM Water Aerobics (POOL) **27**
 10:00 AM Latin Dancing: Beginner Bachata (YOG)
 10:00 AM Jenga with Akima (PH)
 11:00 AM Psychology Learning Session (MOV)
 1:30 PM Jewelry Making with Akima (AST)
 1:45 PM Feature Film (MOV)
 2:00 PM Jigsaw Puzzles with Melia (PH)
 3:00 PM Cardio & Weights (YOG)
 3:15 PM Mixology (W Room)
 3:45 PM Happy Hour (W Room)
 7:00 PM Rock Voices Community Choir (PA)
 7:30 PM Feature Film (MOV)
 7:30 PM Gin Rummy with Fellow Residents (Game Room 13th Floor)

9:45 AM Welcome Home! New York City's Art Deco Lobbies (MOV) **28**
 10:15 AM Tai Chi with Akima (YOG)
 10:45 AM Doug Brin History Lecture (PA)
 12:30 PM Meditation & Breathwork with Akima (MOV)
 12:30 PM Outing: The Frick Museum (Lobby)
 1:45 PM Feature Film (MOV)
 2:30 PM Dominos with Akima (PH)
 3:00 PM Gratitude Journaling with Melia (AST)
 4:00 PM Jeopardy! with Melia (MOV)
 4:00 PM New Resident Tour (Lobby)
 4:30 PM New Resident Dinner (Gustosos)
 7:30 PM Feature Film (MOV)
 7:30 PM Scrabble Night! (GAME)

10:00 AM Strength, Balance, & Move with Mark (YOG) **29**
 10:15 AM Music and Coloring With Melia (AST)
 11:00 AM The Watermark Singers with Denis (PA)
 11:15 AM Card Making with Melia (AST)
 1:30 PM Getting to Know You with Akima (LOB)
 1:45 PM Feature Film (MOV)
 2:00 PM Book Club (LOB)
 3:00 PM Chair Exercise & Dance with Melia (YOG)
 3:00 PM Checkers with Akima (GAME)
 3:45 PM Champagne & Charcuterie (W Room)
 5:00 PM Wheel of Fortune with Akima (MOV)
 7:30 PM Feature Film (MOV)

9:30 AM Water Aerobics (POOL) **30**
 10:30 AM Name that Tune! (PA)
 10:45 AM Judaism Learning with Rabbi Sarah (LIB)
 1:30 PM Tech Help with Melia (AST)
 1:45 PM Feature Film (MOV)
 2:00 PM Resident Writing Group (PH)
 2:30 PM Weights Class with Melia (YOG)
 5:00 PM Trivia Night with Melia (MOV)
 7:30 PM Feature Film (MOV)

9:30 AM Mat Yoga with Melia (YOG) **31**
 10:30 AM Music Icons throughout History (PA)
 11:15 AM Yale Open Course (MOV)
 1:15 PM Watercolor with Melia (AST)
 1:45 PM Feature Film (MOV)
 2:30 PM Bingo (PA)
 3:45 PM Wine O'clock (PA)
 7:30 PM Feature Film (MOV)

May 2025
 Programs may change!

